W7640 Obstacle Course Instructions

Contents:
4 Large Cones
4 Small Cones
4 Large Flat Hoops
4 Medium Flat Hoops
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4 Short Poles
4 Blocks
8 Pole Clips
4 Hoop Clips
4 Combo Hoop & Pole Clips

Overview: There are hundreds of ways to use the included pieces as is or connect them together to create obstacle course components, game targets and games. These instructions provide a some suggestions to get you started!

Hurdles: Crawl over or under the hurdles shown here!
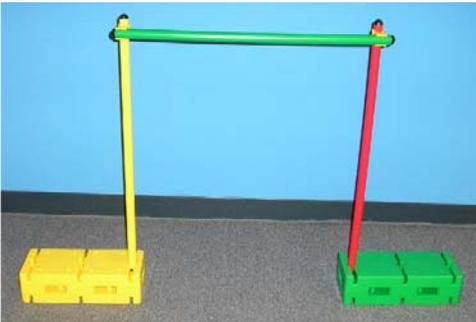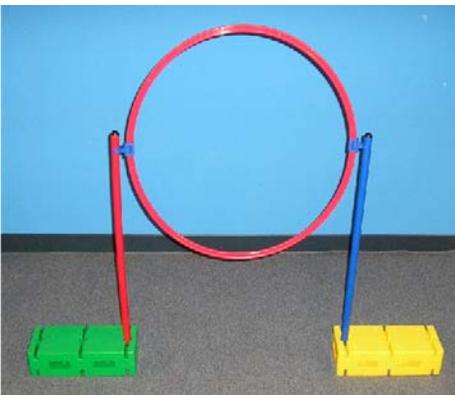
| Use: 2 blocks, 3 long poles and 2 pole clips. | Use: 2 blocks, 1 long pole, 2 short poles and 2 pole clips. | Use: 2 cones and 1 long pole per hurdle. |

Crawl Through Hole: See if you can step through this obstacle without touching any part or it, or at least without knocking it over!
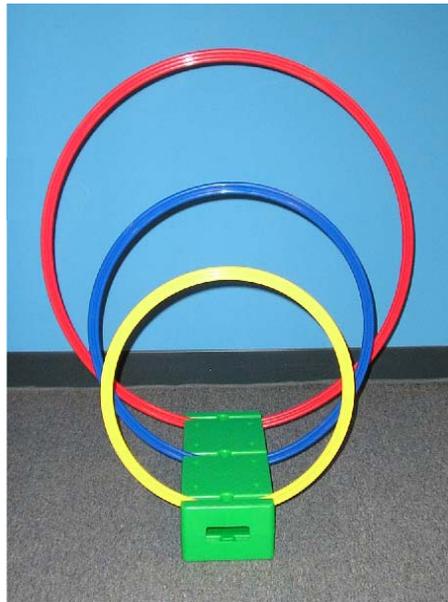
Use: 2 blocks, 2 long pole, 2 long poles, 1 large flat hoop and 2 combo clips.

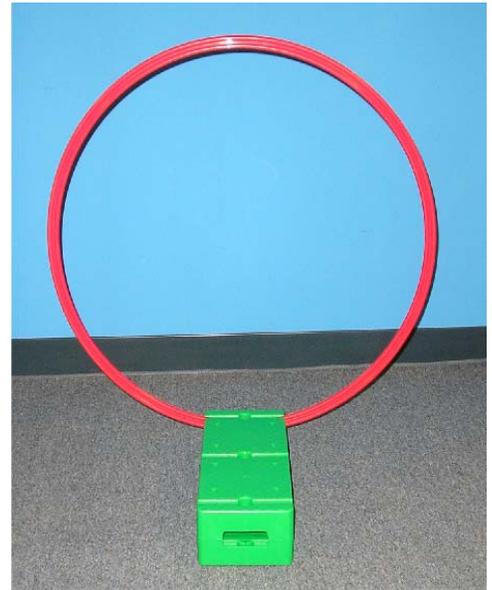For a tougher challenge, try a smaller flat hoop!

Toss Targets: Set up any of these targets and see how many balls you can toss or bounce through in a row!

Use: 1 ring and one cone per target.	Use:1 block and 1 or more rings any size.	Use: 1 block and one ring any size.

Ring Toss: Use the flat hoops as ring toss rings and either a cone or a pole and a block as the target.   Award more points for getting a smaller ring onto the target or adjust the ring size based on the age of the players to allow younger kids to compete more evenly against older kids.
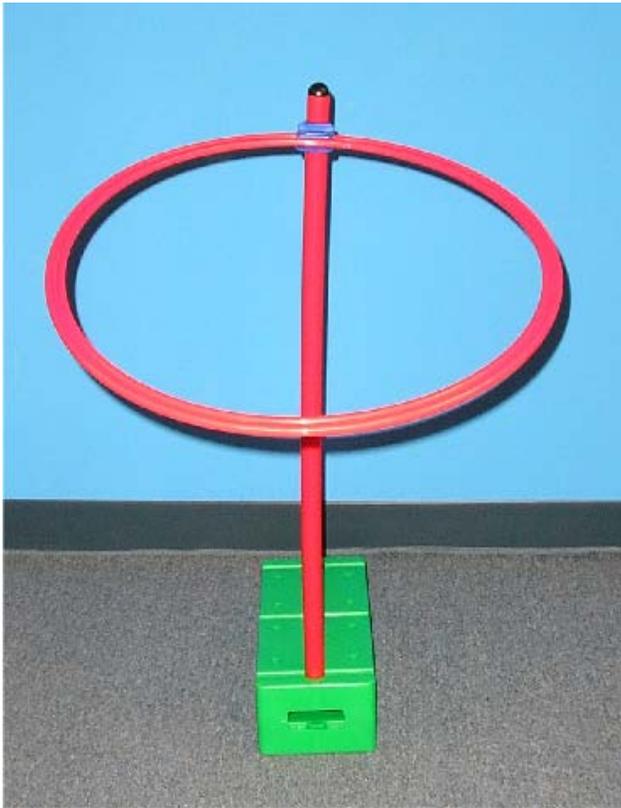
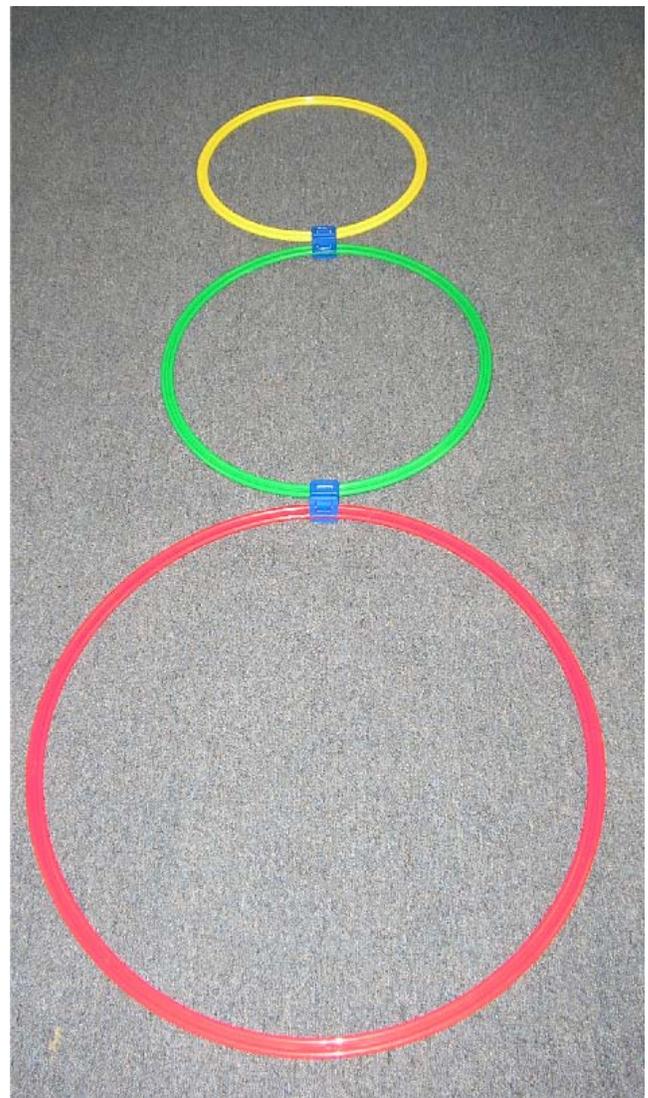|	
Use: Rings and cones.	Use: Block, pole and rings.

Basketball: Play seated, knee or scooter basketball with the simple hoop shown below. Use a lightweight ball, like a GatorSkin.

Use: 1 Block, 1 Pole, 1 Hoop (small or medium) and one combo clip

Beanbag Target or Agility Rings: Connect two or more or the flat hoops together.   Toss beanbags at the targets and award for 1 point for a beanbag in the large hoop, 2 for the medium and 3 for the small!   Skip the beanbags and use a similar layout as part of an obstacle course.   Make participants have to step through the rings one foot at a time or hop through them without touching the hoops as all!