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# Fabric Spray Paint Activity Guide

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**Kit may contain silicone gel packets, which should be removed before use.**

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## Fabric Spray Paint Activity Guide

PLEASE READ ALL INSTRUCTIONS BEFORE STARTING



Fabric Painting is a fast and fun way to decorate clothing, totes, and any fabric projects. When using fabric paints, some basic facts apply:

1. Any fabric paints adhere best to cotton or cotton/polyester blend fabrics. The piece of fabric or the article should always be washed or rinsed and allowed to dry first before painting. This removes any sizing that the manufacturer may have used in the fabric itself. Do not use fabric softeners or drier sheets in this initial washing of the fabric.
2. The paint adheres to the fibers in the fabric, so it would be best not to iron the piece before decorating. If the piece is wrinkled, it is best to stretch it by using masking tape and a piece cardboard, to hold the fabric in a stretched position.
3. When decorating a double sided article, such as a tee shirt, insert cardboard, or something between the layers of the article, to prevent the paint from bleeding through.
4. Always remember that fabric paint is permanent paint. Use an apron or smock while using fabric paints. It is not intended to wash out of material, so if you spill some on you, wash it immediately.
5. After your painting is finished, allow it to dry. When dry, you should then heat set the paint. Do this by ironing the article with a piece of old cloth or an old towel between the article and the iron. Use a hot, dry iron. This heat setting may also be done by putting the dry article in the drier for 20 minutes.

### **Stencil Designs:**

After preparing your fabric piece, tape the stencil onto the fabric with masking tape. Test the spray by spraying onto scrap paper first. Spray the paint lightly at first. You can always add more paint to it if it looks pale after it has dried. Carefully remove the tape and stencil. You can then reposition it and respray another design area.

Once the spray painting is finished, your piece may then be decorated with other details. Try fabric markers, fabric glue and sequins, ribbons, lace, ric-rac, glitter, or other embellishments.

### **Tape Stencil Designs:**

Masking tape makes a great stencil type of design – get creative! How about a geometric shape? Create a frame around your picture, create stripes or plaids on the article.

### **Create a Scene:**

Spray a background – perhaps a green area and a blue sky area. After it has dried, use regular fabric markers to create a scene on the background.