



Scented Bath Fizzies

Easy to make, fun to use! Make delightful, aromatic Bath Bomb Fizzies for yourself, or to give as gifts. Adults and children alike will love them.

Just drop a Bath Fizzy in a tubful of warm water and release the scent of pure essential oils along with skin nourishing botanicals. It's the perfect way to revive your sagging spirits.

This kit includes: Two sheet molds (nautical and celestial), two pounds of citric acid, one 1oz. bottle of Almond Oil, one 1/3oz. bottle of pure lavender essential oil, one 1/3oz. bottle of orange essential oil, blue and green powdered color, one clear spray bottle, 50 clear plastic bags, 50 silver twist ties, decorative labels and instructions. (Baking soda and cornstarch are not included).

CREATING BATH FIZZIES

- 1/2 c. citric acid
 - 1c. baking soda (not included)
 - 1/2 c. cornstarch (not included)
 - LorAnn powdered food color
 - 10 to 20 drops of essential oil
 - 1/2 tsp. almond oil, sweet
 - Spray bottle filled with cold water
 - Molds
1. Combine thoroughly ½ cup of citric acid*, 1 cup of baking soda and ½ cup cornstarch, *Pass the citric acid through a sifter if there are many lumps. (Note, If not mixed well, the bombs will be grainy).
 2. Add food coloring (color of your choice), just a small amount is needed as powdered food coloring is very concentrated. (The color will show up after the water has been added).
 3. Add 10-20 drops total of essential oil (use all of one fragrance, or a combination) and ½ tsp. of almond oil. Mix well.
 4. While stirring the mixture with one hand, hold the spray bottle in the other and lightly spray with the water just until mixture can be packed together. **DO NOT OVERSPRAY**
 5. As soon as the mixture can be packed together, press firmly into molds. Fill one mold at a time.
 6. Allow molds to set for 30-60 minutes. Invert molds onto a cookie sheet and gently tap out the bath bombs.
 7. Allow to air dry for at least 4 hours.
 8. Store in plastic bags secured with twist ties. Write name of the scent on the labels provided and affix to bags.

CREATIVE IDEAS

- Tie your bags of Bath Fizzies with ribbon and add a tag noting the scent, along with instructions for use.
- Perfect as party favors for wedding showers, baby showers, and birthdays.