

GP3361

Kindness Bracelet (Pk/24)

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Kit may contain silicone gel packets, which should be removed before use.

Reorder Number

GP3361

1.0

S&S Worldwide
MAKING IT EASY
to Help People Play and Learn

Kindness Bracelet (Pk/24)

PLEASE READ ALL INSTRUCTIONS BEFORE STARTING



YOUR KIT CONTAINS:

- Assorted Wood Beads
- Kindness and Tolerance Charms
- Wood Disc Beads
- Clear Stretch Cord
- Assorted Color Markers
- Fine Tip Permanent Marker

YOU WILL NEED:

- Scissors
- Ruler
- Paper plates
- Glue or clear nail polish (optional)
- Pencils

EACH PERSON SHOULD HAVE:

- 1 Charm
- 5 Wood Disc Beads
- 12" of Clear Stretch Cord

AGE GROUP: 12 and up
PROJECT TIME: 30 minutes

All markers and the assorted wooden beads will be shared among the group.

PREPARATION INSTRUCTIONS

1. Measure and cut the clear stretch cord into 12" pieces.
2. Have each person measure their wrist by wrapping cord around one time. Keep in mind that this cord stretches but make sure you have enough extra to tie a knot.

NOTE FOR THE INSTRUCTOR: This is a great project to follow a discussion on character building or anti-bullying. The bracelets can serve as a reminder for everyone that kindness and tolerance matter.

Here is a brief list of short words that could be used on the custom beads, but you can brainstorm a list with your group as well.

POSSIBLE WORDS INCLUDE: calm, agree, brave, cheer, fun, good, grin, grow, hug, heal, idea, joy, know, O.K., nice, me, you, merit, luck, love, safe, soul, wow, well, trust. Be sure to also talk about symbols too (peace symbol, smile face, etc).

INSTRUCTIONS:

1. Each person should have one paper plate for holding their beads. It is helpful to plan the beading pattern before you start threading the beads.
2. Plan the designs of the five wooden disc beads. One bead will be the center bead in the charm, and the other four will be strung on the bracelet. Use the paper plate and pencil to figure out colors of beads, symbols, and words.
3. Use the assorted color markers to color the five disc beads on both sides. Use/share the fine tip marker to draw symbols or words on the disc beads to customize your bracelet. See finished sample photo for reference.

4. Position your center disc bead in the center of the charm. Thread the stretch cord through the charm, through the disc bead, and back through the other side of the charm. Position charm/bead in the center of the strand of cord.
5. Keeping the charm/bead in the center of the cord, start threading your beads on one side, working your way out from the charm/bead. Position the disc beads however you want with the other wooden beads.
6. When that side is beaded, thread beads on the other side, keeping the charm/bead in center.

NOTE: Before knotting the strands, you may want to carefully measure the bracelet around your wrist, holding the ends together. Adjust your beads as necessary for the right fit.

7. Once all of the stretch cord is beaded with the charm/bead in the center of the bracelet, carefully un-tape and knot the ends in a simple overhand knot. Use the fine point permanent marker to add other designs to the rest of the wooden beads if you'd like!
8. Trim the ends of the cord, add a dab of glue or clear nail polish to the knot (optional), and wear your new bracelet!

**Fun!
Facts!**

Random acts of kindness challenge:

Can you do a small act of kindness each day for a week? It could be as small as opening and holding a door, smiling and saying good morning, or helping (without being asked) around your house. What can you do in your corner of the world to make it a better place for others?