



Reorder # AP290 Dot Day Event Activity Pack

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## Celebrate International Dot Day!

International Dot Day is a global celebration of creativity, courage, & collaboration, inspired by the book "The Dot" by Peter H. Reynolds. **Celebrated annually on or around September 15th**, Dot Day encourages people of all ages to harness their creativity & make their mark on the world. In "The Dot" a teacher's encouragement helps a young student overcome self-doubt, leading her to uncover her artistic talent with a simple dot on a piece of paper.

Teachers and activity directors can celebrate Dot Day in their classrooms or groups with this pack that allows students to explore their creativity without the fear of making mistakes. This celebration not only highlights the importance of creativity in education but also promotes a growth mindset, encouraging students to embrace their abilities & take risks in their learning journeys. **You can celebrate "The Dot" & its message any day of the year!**

"The Dot" is a beautifully illustrated and inspiring book that holds a powerful message for children of all ages. Here is why this book is so impactful:

- 1. Encourages Creativity and Self-Expression:** The story illustrates to children that everyone has the potential to create and express themselves, even if they think they can't.
- 2. Promotes Growth Mindset:** The journey from self-doubt to self-confidence exemplifies the concept of a growth mindset. The book shows that effort and perseverance can lead to improvement and success. It teaches kids that it's okay to start small and make mistakes, as long as they keep trying.
- 3. Fosters Confidence:** The central theme of the book encourages children to take pride in their creations and to believe in their abilities.
- 4. Celebrates Individuality:** "The Dot" emphasizes that every person's creative journey is unique....it celebrates individuality and encourages children to find their own voice and style in their creative endeavors.
- 5. Inspires Others:** The book ends by illustrating the power of encouragement and support, showing kids that they can make a positive impact on others by sharing their own experiences and confidence.
- 6. Simple Yet Profound Message:** Children can easily grasp the story's themes, making it a great tool for educators and others to discuss creativity, self-belief, and perseverance.

Overall, "The Dot" is a meaningful book that empowers kids to explore their creativity. It's a valuable resource for nurturing a positive and encouraging environment for young learners.

## Discover "The Dot" Activity Pack

This pack includes enough supplies for more than 100 participants to engage in several Dot themed art activities, along with a copy of "The Dot" by Peter H. Reynolds to read/share with your class or group.

### You will also need:

~ Access to a water source to fill spray bottles      ~ Water and paper towels for clean-up

**Note:** Before starting any Dot Day art projects, protect work surfaces with tablecloths or paper covering.

**Activities are detailed on the back of this sheet**

Start the Dot Day activities by reading/sharing the book with your group!

## Bleeding Tissue Paper Dot Art

This project is a creative way for children to experiment with color blending by creating unique dot art pieces with bleeding tissue paper. The results are beautiful watercolor-like effects. We've included white crayons to experiment with resist art techniques as well.

**NOTE: Dye from the tissue paper may stain hands and surfaces so protective care should be taken.**

### Included Supplies:

White Paper Circles – 200 pieces

Bleeding Tissue Paper “Dots” in assorted colors – 2400 pieces

Spray Bottles for water – 12 bottles

White Crayons - 24 pieces - for creating “resist” designs, patterns, or words on the paper prior to adding the tissue dots for more fun! (you can also use other crayon colors as an alternative or in addition)

### Activity:

**Step 1** - Provide each participant with a piece of the round white paper and a selection of bleeding tissue paper dots. You can also allow them to select their own tissue dots. Be sure to keep the tissue paper away from any water before they begin the project.

**Optional: Before** adding the water & tissue dots, kids can use the white crayons to draw dot patterns, designs or words on the paper. Then, when they wet the paper and add the tissue paper dots, the areas with crayon will resist the color, creating interesting effects that will show through the dye.

**Step 2** - Using the spray bottles, spritz the paper circle with water so that the surface is wet enough (but not dripping) to allow the tissue paper to adhere.

**Step 3** - Encourage the children to arrange the tissue paper dots on their paper in any pattern or design they choose. They can overlap the dots, layer them, or spread them out. Almost immediately, the colors will start to bleed and blend together, creating a beautiful watercolor effect. Additional water can be sprayed onto the dot arrangement to ensure color transfer from the tissue to the white paper. Tissue pieces should be noticeably wet.

**Lastly** - Pieces can be removed while still wet or after the artwork is completely dry (preferred). The color will have transferred onto the art surface and a beautiful piece of artwork will emerge!

**Have them sign their art using the included permanent markers.**

## Dot Stamp Painting

### Included Supplies:

White Mini Canvases – 120 pieces

Washable Dot Paint Markers – 36 pieces

### Activity:

Provide each participant with a blank canvas. Kids can then use any of the assorted color washable paint markers to make dot art on their canvas. They can experiment with overlapping dots, creating patterns, or even cover the entire canvas with dots...dots within dots, connecting dots, spiraling dots.... or even just one dot! They can also use the bleeding tissue paper dots to create art on the canvas. The bleeding technique will work on canvas too!

**Have them sign their art using the included permanent markers.**

**Additional/optional supplies & ideas for even more Dot themed art:** (use these ideas to design a personal dot with either the round paper “dots” or the mini canvases).

~ Crayons, markers & paints in assorted colors

~ Collage materials - buttons, pom poms, adhesive gemstones, construction paper, glue sticks and more!

~ Punch two holes in the paper dots and use yarn or string to assemble Dot Art into a hanging garland display!