

## S&S® Toss 'n Talk-About® Emotions Ball

The rules are simple and can be easily modified to fit individual use and/or functioning levels. Players toss the **S&S® Toss 'n Talk-About® Emotions Ball** back and forth. When the ball is caught, the player must answer the question directly under his or her right thumb. If the ball is caught so that the player's thumb is in a blank space, the player simply tosses the ball to the next player. If a player's thumb is touching more than one question or action statement, the player may choose which one he or she would rather use.

### Variations:

1. Allow additional players within the group to contribute to the discussion by responding to any of the questions they also wish to share with the group.
2. Turn the game around by allowing the player who catch the ball to assign any other player in the group to answer the question.
3. More fun than musical chairs! Keep the ball moving from player to player while the music is playing. When the leader stops the music, the player holding the ball must answer the question that's listed under his or her thumb.
4. Divide players into groups. Put the groups far enough apart so they won't hear any quiet discussions among the groups. When one group answers a question unanimously, have the other groups try to guess which person the answer or response relates to.